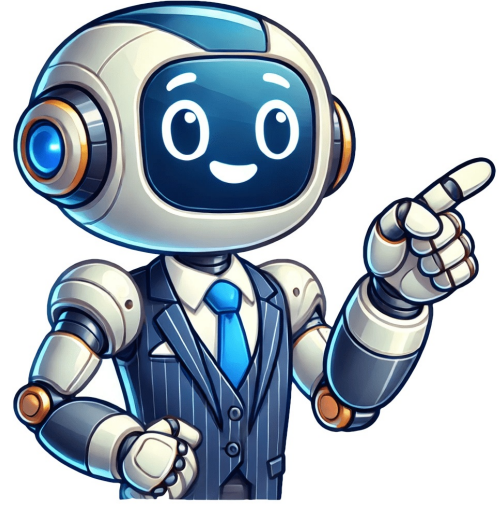


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This article provides a reference chart for standard metric bolts, showing recommended maximum tightening torques for coarse-threaded bolts based on bolt diameter and property class. The values are derived from ISO 898, which defines the mechanical properties of fasteners made from carbon and alloy steel. See our torque conversion chart for In./Lbs. to Nm conversion. Thread Size Grade 4.6 Grade 4.8 Grade 5.8 Grade 6.8 Grade 8.8 Grade 9.8 Grade 10.9 Grade 12.9 M3 0.8Nm 0.9Nm 1.2Nm 1.4Nm 1.6Nm 1.8Nm 2.3Nm 2.7Nm M4 1.9Nm 2.2Nm 2.8Nm 3.3Nm 3.7Nm 4.2Nm 5.4Nm 6.3Nm M5 3.7Nm 4.4Nm 5.6Nm 6.6Nm 7.0Nm 7.8Nm 10.0Nm 11.7Nm M6 6.4Nm 7.5Nm 9.6Nm 11.2Nm 11.8Nm 13.3Nm 19.9Nm M8 15.4Nm 18.2Nm 23.3Nm 27.3Nm 28.8Nm 32.3Nm 41.3Nm 48.3Nm M10 30.5Nm 36.0Nm 46.1Nm 54.0Nm 57.3Nm 64.1Nm 81.8Nm 95.7Nm M12 53.2Nm 62.7Nm 80.3Nm 94.1Nm 99.8Nm 112Nm 143Nm 167Nm M14 79.5Nm 93.8Nm 120Nm 141Nm 149Nm 167Nm M16 123Nm 145Nm 186Nm 218Nm 248Nm 277Nm M18 170Nm 200Nm 256Nm 300Nm 340Nm 380Nm 485Nm 567Nm M20 250Nm 294Nm 377Nm 442Nm 500Nm 569Nm 722Nm 809Nm M22 335Nm 395Nm 507Nm 594Nm 672Nm 752Nm 960Nm 1123Nm M24 430Nm 507Nm 650Nm 762Nm 865Nm 955Nm 1195Nm 1395Nm M27 625Nm 737Nm 945Nm 1108Nm 1257Nm 1406Nm 1796Nm 2100Nm M30 855Nm 1009Nm 1294Nm 1517Nm 1719Nm Nm 2377Nm 2774Nm Important Notes: These are recommended maximum tightening torques for dry, unlubricated threads with standard pitch. Reduce torque by 10-15% for lubricated bolts. Values marked with - indicate grades not commonly available for that size. Always refer to manufacturer specifications when available. Grade numbers indicate tensile strength (first digits) and yield strength ratio (last digit). Use proper torque wrench calibration and tightening procedures. Parting Thoughts MISUMI USA offers a wide range of screws and boltsboth standard and metricincluding hex head bolts, narrow head bolts, square head bolts, and more. If you're unsure which bolt product best suits your application, our engineering team is here to help. For more technical insights, explore our other manufacturing-focused tables and articles, such as a machine screw size chart. Browse Bolt Products Author: Scott Bredemann | Updated: 6/30/2025 Disclaimer:The content on this webpage is for informational purposes only. MISUMI makes no guarantees, expressed or implied, regarding the accuracy, completeness, or validity of the information. Performance parameters, tolerances, designs, materials, or processes should not be assumed to reflect third-party suppliers or manufacturers deliverables within MISUMI's network. Buyers are responsible for specifying their part requirements Bolts are graded using various systems. The metric classes adhere to ISO standards, set by the International Standards Organisation, that apply across most industrialized nations.The class indicates the material strength of the bolt. The higher the class, the stronger the bolt. The most common metric bolt classes are Class 8.8, Class 10.9, and Class 12.9. Lower and higher classes exist, but do not see as much use.For a rundown of the different grading systems and what they mean, check out this video from The Home Depot: You can tell which bolt you are working with by the markings on the head.Compare the bolts you have with the diagrams below, then refer to the appropriate chart to see the ideal tightening torque. Metric Bolt Torque ChartYou must use the correct torque when tightening bolts. If you properly torque the bolts, they will provide the maximum amount of clamping force under load. If you under torque the bolts, they can quickly come loose. If you over-torque them, they are liable to break. Refer to the charts below, which show the ideal tightening torque for each bolt grade for a variety of sizes. Identify the class by the embossed number on the head, then find the size of your bolt in the chart. The ideal tightening torque can be found listed in two columns to the right. The wet column indicates lubricated bolts, whereas the dry column indicated unlubricated bolts. Metric Class 8.8 Bolt Torque ChartMetric class 8.8 bolts are also known as structural grade bolts. They are made of quenched and tempered medium carbon steel and can be plated with a variety of materials, most commonly zinc. Class 8.8 bolts see common use in a wide range of industries. Depending on size, they have a proof load of 580-600 MPa, minimum yield strength of 640-660 MPa, and a minimum tensile strength of 800-830 MPa. Class 8.8 bolts come in all sizes ranging up to 72 mm. Table 1 Ideal tightening torque for dry and wet metric class 8.8 bolts SizeTightening Torque (Dry) / lb-ftTightening Torque (Wet) / lb-ft M4 x 0.72 3.1 M5 x 0.84 5.3 4 M6 x 17.75 8 M7 x 1139.7 M8 x 1.2518.814.1 M10 x 1.537.227.9 M12 x 1.7564.948.7 M14 x 2103.777.8 M16 x 21611.21 M18 x 2.5222.167 Metric Class 10.9 Bolt Torque ChartMetric class 10.9 bolts see common use in the automotive industry. They excel at bolting large parts, and many socket and countersunk bolts comply with the 10.9 grade. They are generally made from carbon or boron alloy steel, quenched and tempered. They have a proof load of 830 MPa, minimum yield strength of 940 MPa, and a minimum tensile strength of 1040 MPa. Class 10.9 bolts come in sizes ranging from 5 mm to 100 mm. Table 2 Ideal tightening torque for dry and wet metric class 10.9 bolts SizeTightening Torque (Dry) / lb-ftTightening Torque (Wet) / lb-ft M4 x 0.73 2.2 4 M5 x 0.86 5.4 9 M6 x 111.18.3 M7 x 118.513.9 M8 x 1.2526.920.2 M10 x 1.553.259.9 M12 x 1.7592.869.6 M14 x 2148.411.3 M16 x 22301.73 M18 x 2.53182.99 Metric Class 12.9 Bolt Torque ChartMetric class 12.9 bolts are made from quenched and tempered alloy steel and see the most use in heavy-duty applications. They are often used to secure engines and drives, alongside a host of other demanding applications. They have a proof load of 970 MPa, minimum yield strength of 1100 MPa, and a minimum tensile strength of 1220 MPa. Class 12.9 bolts come in sizes ranging from 1.6 mm to 100 mm. Table 3 Ideal tightening torque for dry and wet metric class 12.9 bolts SizeTightening Torque (Dry) / lb-ftTightening Torque (Wet) / lb-ft M4 x 0.73 8.2 5 M5 x 0.87 6.5 7 M6 x 1139.7 M7 x 121.716.3 M8 x 1.2531.423.6 M10 x 1.562.246.7 M12 x 1.75108.581.4 M14 x 2173.4130 M16 x 226920.2 M18 x 2.53722.79 SummaryWe hope these metric bolt torque charts have helped you discover the correct tightening torque for the bolts you use. If you might need to look up the ideal tightening torque for metric class bolts again, why not bookmark this page so that you can refer to it more easily in the future? The Engineering Toolbox provides a wide range of free tools, calculators, and information resources aimed at engineers and designers. It offers detailed technical data and calculations for various fields such as fluid mechanics, material properties, HVAC systems, electrical engineering, and more. The site includes resources for common engineering tasks, such as calculating physical properties (e.g., density, viscosity, thermal conductivity), converting units, and designing systems like heating and water distribution. With sections on everything from acoustics to hydraulics, it serves as a comprehensive tool for both students and professionals in technical and engineering disciplines. There are several factors that determine a proper bolt torque specification. Some of them are listed below... Material containing the external thread (bolt)Most bolt torque charts, including this one, are based on the material strength of the bolt - the component containing the external thread.Reference 2 below recommends a fastener preload in the range of 60% - 90% of the bolt material proof load. This RepairEngineering bolt torque chart was created assuming a value at the mid-point of that range... at 75% of the material proof strength.Bolt proof load is defined as the maximum force that the material can support without experiencing permanent deformation. Although material properties vary, an approximate estimate of proof strength is 85% - 90% of its yield strength.As noted in the chart, bolt proof strength varies depending on the fastener grade and also upon its diameter in some cases. Material containing the internal thread (nut)In order to determine the torque value of a bolt and nut assembly based on just the material strength of the bolt itself, the materials of the assembly should follow this guideline... The proof strength of the nut (the material containing the internal thread)should be equal to or greater than the ultimate tensile strength of the bolt (the material with the external thread). If the nut material is the limiting factor in the fastening system, then obviously increasing the material strength of the bolt will have no effect on increasing the clamping capability of the assembly.Also, if the nut material is the limiting factor, the maximum clamping capability (and corresponding bolt torque) of the assembly needs to be de-rated accordingly.Unlike most bolt torque charts, this particular chart also lists clamp loads and torque values that correspond with bolt material stresses of 10,000 and 25,000 psi... regardless of fastener grade. This listing may be useful when determining an appropriate de-rated torque value when engaging with lower proof-strength materials. Thread EngagementObviously, regardless of the material strength of the bolt and the nut, an effective clamping system will not occur unless proper fastener thread engagement exists.The objective is to assure that the engaging threads will not strip under the loading that the bolt is able to apply.At first, it would seem logical to simply increase the length of thread engagement by as much as required to overcome the limitations of engaging with a material of limited proof strength. In reality, however, only the first few threads of a threaded connection are actually involved in sharing the fastener clamping force. This is due to thread form error and slight differences in thread size and pitch that result in an inconsistent make-up between the male and female threads. A common rule-of-thumb is to provide a minimum length of thread engagement equal to the (major) diameter of the fastener.A more conservative rule-of-thumb is to provide a thread engagement length of 1/12 times diameter. Bolt Thread Tensile Stress AreaThe tensile stress area of a threaded portion of a fastener is determined by the size (diameter) and by the thread pitch (spacing), as follows...As = 0.7854 * [d * (0.9743n)]2where:As = Bolt Thread Tensile Stress Area (in^2) d = Nominal Bolt Diameter (in) n = Thread Pitch (Threads Per Inch) Bolt Clamp Pre-Load ForceBolt clamp pre-load force is calculated using the bolt material proof strength and the tensile stress area. It is calculated using the following formula... Fi = 0.75 x Sp x Aswhere:Fi = Bolt Clamp Pre-Load Force (lb)75 = Percentage of bolt material proof strength... 75% in this exampleSp = Bolt Material Proof Strength (lb/ in^2)As = Bolt Thread Tensile Stress Area (in^2) Nut "K Factor"Note that there are several factors that affect the relationship between the applied bolt torque and the resulting bolt tension. All of those factors are summarized in single variable that is known as the nut "K Factor".The table below lists a typical range for the "K Factor" as well as the values used in calculating the RepairEngineering Bolt Torque Chart. There are several factors that affect the relationship between the applied bolt torque and the resulting bolt tension. All of those factors are summarized in range could be equally valid depending on the specific requirements of a particular application.Bolt Condition"K Factor" Typical Range"K Factor" value as used in theRepairEngineering Bolt Torque ChartLubricated0.12-0.160.15Zinc Plated0.17-0.220.18Plain-Dry0.19-0.250.20 Bolt Torque CalculationThe relationship between bolt torque and its corresponding pre-load force (tension) is given in the following formula...T = K F d where:T = Torque required to create a desired bolt pre-load (in-lb)K = Nut "K Factor" (dimensionless)Fi = Bolt Nominal Diameter (in)Bolt Torque provides only an indirect approximation of material stress. It is estimated that only about 10% of the tightening torque actually results in useful bolt tensioning. The remaining 90% is lost due various forms of friction that occur during the tightening process. In addition, a proper bolt torque value can be inconsistent from fastener-to-fastener due to several factors including variations in material, coatings, surface finishes, fit tolerances, installation method, etc.For these reasons, it is not practical to provide a single bolt torque chart or formula that is accurate for all situations. This information is voluntary, and is included only for general-purpose reference as explained in this disclaimer. Testing of actual fastener components is recommended to determine appropriate torque values for all critical-use applications. This Bolt Torque Chart was created using reference information from various sources, including the following... 1. Machinery's Handbook - 24th Edition2. Mechanical Engineering Design - 4th EditionReturn to Bolt Torque Chart Top Tightening torque table The tightening torque is the force used to tighten the metric fasteners during assembly with a tool. This torque is transmitted to the metric fasteners using an adjustable, suitable torque wrench. The corresponding values for the various screw sizes and strength classes for metric coarse threads can be found in the metric torque table below. The following table shows the tightening torque for metric thread fasteners. In the List metric bolt torque chart you find the metric torque unit in Nm and ft lbs. You can also made a conversion from the unit Nm to ft lbs and also from ft lbs to Nm. Please find all technical information in the following metric bolt torque chart. 5.6 Strengthen class - Aluminium screws 6.8 Strengthen class - V2A screws 8.8 Strengthen class - Titanium screws In the following table of torque specifications, you will find all the necessary torque values in Newton-meters (Nm) for common screw thread sizes and strength classes. Please note that the required torque may vary due to differences in screw strength classes and thread sizes. Recommended metricmetric bolttorque tightening torque (Nm) tightening torque (ft lbs) Metric Thread size Metric Strength class Torque Unit 4.6 5.6 6.8 8.8 10.9 12.9 M2 Nm 0.13 0.16 0.26 0.35 0.49 0.59 1.0 M3 Nm 0.10 0.12 0.19 0.26 0.36 0.44 M2.5 Nm 0.27 0.34 0.54 0.72 1.01 1.21 ft lbs 0.20 0.25 0.40 0.53 0.74 0.89 M3 Nm 0.48 0.60 0.96 1.28 1.80 2.16 ft lbs 0.35 0.44 0.71 0.94 1.33 1.59 M4 Nm 1.12 1.39 2.23 2.97 4.18 5.02 ft lbs 0.83 1.03 1.64 2.19 3.08 3.70 M5 Nm 2.26 2.83 4.52 6.03 8.48 10.18 ft lbs 1.67 2.09 3.33 4.45 6.25 7.51 M6 Nm 3.84 4.80 7.69 10.25 14.41 17.29 ft lbs 2.83 3.54 5.67 7.56 10.63 12.75 M7 Nm 5.13 6.42 10.27 13.70 19.25 23.10 ft lbs 3.78 4.74 7.57 10.10 14.20 17.04 M8 Nm 9.35 11.69 18.70 24.93 35.06 42.07 ft lbs 6.90 8.62 13.79 18.39 25.86 31.03 M10 Nm 18.23 25.86 31.03 40.13 57.83 68.81 ft lbs 13.39 18.39 25.86 31.03 40.13 57.83 M12 Nm 32.40 40.13 57.83 73.82 106.81 127.00 ft lbs 23.89 32.40 40.13 57.83 73.82 106.81 M14 Nm 50.00 63.00 73.82 95.90 138.25 164.93 ft lbs 36.81 50.00 63.00 73.82 95.90 138.25 M16 Nm 81.00 100.00 117.74 151.78 219.00 263.16 ft lbs 59.52 81.00 100.00 117.74 151.78 219.00 M18 Nm 122.00 151.78 182.00 236.88 339.36 406.96 ft lbs 89.59 122.00 151.78 182.00 236.88 339.36 M20 Nm 192.00 236.88 283.44 369.26 530.00 637.00 ft lbs 140.61 192.00 236.88 283.44 369.26 530.00 M22 Nm 283.44 369.26 451.98 595.26 853.00 1029.00 ft lbs 208.85 283.44 369.26 451.98 595.26 853.00 M24 Nm 406.96 530.00 637.00 838.40 1196.00 1433.00 ft lbs 300.71 406.96 530.00 637.00 838.40 1196.00 M27 Nm 637.00 838.40 1196.00 1585.00 2274.00 2774.00 ft lbs 468.85 637.00 838.40 1196.00 1585.00 2274.00 M30 Nm 1029.00 1433.00 1820.00 2368.88 3393.60 4069.60 ft lbs 758.18 1029.00 1433.00 1820.00 2368.88 3393.60 M33 Nm 1517.74 2000.00 2559.00 3393.60 4850.00 5822.00 ft lbs 1118.85 1517.74 2000.00 2559.00 3393.60 4850.00 M36 Nm 2274.00 3000.00 3820.00 5000.00 7070.00 8530.00 ft lbs 1670.00 2274.00 3000.00 3820.00 5000.00 7070.00 M39 Nm 3393.60 4410.00 5620.00 7380.00 10300.00 12400.00 ft lbs 2485.00 3393.60 4410.00 5620.00 7380.00 10300.00 M42 Nm 5000.00 6500.00 8380.00 11000.00 15300.00 18200.00 ft lbs 3687.00 5000.00 6500.00 8380.00 11000.00 15300.00 M45 Nm 7070.00 9180.00 11770.00 15300.00 21200.00 25590.00 ft lbs 5150.00 7070.00 9180.00 11770.00 15300.00 21200.00 M48 Nm 10290.00 13390.00 17200.00 22740.00 31900.00 38200.00 ft lbs 7581.85 10290.00 13390.00 17200.00 22740.00 31900.00 M52 Nm 15177.40 20000.00 25590.00 33936.00 47500.00 5722.00 ft lbs 11188.5 15177.40 20000.00 25590.00 33936.00 47500.00 M56 Nm 22740.00 30000.00 38200.00 50000.00 69600.00 8530.00 ft lbs 16700.00 22740.00 30000.00 38200.00 50000.00 69600.00 M60 Nm 33936.00 44100.00 56200.00 73800.00 103000.00 12400.00 ft lbs 24850.00 33936.00 44100.00 56200.00 73800.00 103000.00 M63 Nm 50000.00 65000.00 83800.00 110000.00 153000.00 18200.00 ft lbs 36870.00 50000.00 65000.00 83800.00 110000.00 153000.00 M66 Nm 70700.00 91800.00 117700.00 153000.00 212000.00 25590.00 ft lbs 51500.00 70700.00 91800.00 117700.00 153000.00 212000.00 M70 Nm 102900.00 133900.00 172000.00 227400.00 319000.00 38200.00 ft lbs 75818.5 102900.00 133900.00 172000.00 227400.00 319000.00 M75 Nm 151774.00 200000.00 255900.00 339360.00 475000.00 57220.00 ft lbs 111885 151774.00 200000.00 255900.00 339360.00 475000.00 M80 Nm 227400.00 300000.00 382000.00 500000.00 696000.00 85300.00 ft lbs 167000 227400.00 300000.00 382000.00 500000.00 696000.00 M85 Nm 339360.00 441000.00 562000.00 738000.00 1030000.00 124000.00 ft lbs 248500 339360.00 441000.00 562000.00 738000.00 1030000.00 M90 Nm 500000.00 650000.00 838000.00 1100000.00 1530000.00 182000.00 ft lbs 368700 500000.00 650000.00 838000.00 1100000.00 1530000.00 M95 Nm 707000.00 918000.00 1177000.00 1530000.00 2120000.00 255900.00 ft lbs 515000 707000.00 918000.00 1177000.00 1530000.00 2120000.00 M100 Nm 1029000.00 1339000.00 1720000.00 2274000.00 3190000.00 382000.00 ft lbs 758185 1029000.00 1339000.00 1720000.00 2274000.00 3190000.00 M105 Nm 1517740.00 2000000.00 2559000.00 3393600.00 4750000.00 572200.00 ft lbs 1118850 1517740.00 2000000.00 2559000.00 3393600.00 4750000.00 M110 Nm 2274000.00 3000000.00 3820000.00 5000000.00 6960000.00 853000.00 ft lbs 1670000 2274000.00 3000000.00 3820000.00 5000000.00 6960000.00 M115 Nm 3393600.00 4410000.00 5620000.00 7380000.00 10300000.00 1240000.00 ft lbs 2485000 3393600.00 4410000.00 5620000.00 7380000.00 10300000.00 M120 Nm 5000000.00 6500000.00 8380000.00 11000000.00 15300000.00 1820000.00 ft lbs 3687000 5000000.00 6500000.00 8380000.00 11000000.00 15300000.00 M125 Nm 7070000.00 9180000.00 11770000.00 15300000.00 21200000.00 2559000.00 ft lbs 5150000 7070000.00 9180000.00 11770000.00 15300000.00 21200000.00 M130 Nm 10290000.00 13390000.00 17200000.00 22740000.00 31900000.00 3820000.00 ft lbs 7581850 10290000.00 13390000.00 17200000.00 22740000.00 31900000.00 M135 Nm 15177400.00 20000000.00 25590000.00 33936000.00 47500000.00 5722000.00 ft lbs 11188500 15177400.00 20000000.00 25590000.00 33936000.00 47500000.00 M140 Nm 22740000.00 30000000.00 38200000.00 50000000.00 69600000.00 8530000.00 ft lbs 16700000 22740000.00 30000000.00 38200000.00 50000000.00 69600000.00 M145 Nm 33936000.00 44100000.00 56200000.00 73800000.00 103000000.00 12400000.00 ft lbs 24850000 33936000.00 44100000.00 56200000.00 73800000.00 103000000.00 M150 Nm 50000000.00 65000000.00 83800000.00 110000000.00 153000000.00 18200000.00 ft lbs 36870000 50000000.00 65000000.00 83800000.00 110000000.00 153000000.00 M155 Nm 70700000.00 91800000.00 117700000.00 153000000.00 212000000.00 25590000.00 ft lbs 51500000 70700000.00 91800000.00 117700000.00 153000000.00 212000000.00 M160 Nm 102900000.00 133900000.00 172000000.00 227400000.00 319000000.00 38200000.00 ft lbs 75818500 102900000.00 133900000.00 172000000.00 227400000.00 319000000.00 M165 Nm 151774000.00 200000000.00 255900000.00 339360000.00 475000000.00 57220000.00 ft lbs 111885000 151774000.00 200000000.00 255900000.00 339360000.00 475000000.00 M170 Nm 227400000.00 300000000.00 382000000.00 500000000.00 696000000.00 85300000.00 ft lbs 167000000 227400000.00 300000000.00 382000000.00 500000000.00 696000000.00 M175 Nm 339360000.00 441000000.00 562000000.00 738000000.00 1030000000.00 124000000.00 ft lbs 248500000 339360000.00 441000000.00 562000000.00 738000000.00 1030000000.00 M180 Nm 500000000.00 650000000.00 838000000.00 1100000000.00 1530000000.00 182000000.00 ft lbs 368700000 500000000.00 650000000.00 838000000.00 1100000000.00 1530000000.00 M185 Nm 707000000.00 918000000.00 1177000000.00 1530000000.00 2120000000.00 255900000.00 ft lbs 515000000 707000000.00 918000000.00 1177000000.00 1530000000.00 2120000000.00 M190 Nm 1029000000.00 1339000000.00 1720000000.00 2274000000.00 3190000000.00 382000000.00 ft lbs 758185000 1029000000.00 1339000000.00 1720000000.00 2274000000.00 3190000000.00 M195 Nm 1517740000.00 2000000000.00 2559000000.00 3393600000.00 4750000000.00 572200000.00 ft lbs 1118850000 1517740000.00 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172000000000.00 227400000000.00 319000000000.00 38200000000.00 ft lbs 75818500000 102900000000.00 133900000000.00 172000000000.00 22740000000