

I'm not a bot



[illegible]

and fury against themselves. They feel like if they hurt themselves nobody else will. Their masochistic behavior is, in part, a cry for help. They want someone to see them in their suffering, punish them, and then love them. They carry around their fears and anxieties like heavy chains and engaged in life.Find out more about enneatype Sixes.Enneagram Sevens at Their Best:At their best, Sevens are filled with a profound joy of life and its inherent value. They live moment to moment with a gratefulness and openness to life and all its experiences. Rather than consuming more or being materialistic, they find immense gratitude for everything that they have. They are constantly surprised by life and each beautiful detail it involves the sparkle of dew on the grass, the laugh of a child, or the sound of a breeze dancing through the leaves. Their joy is infectious and many are drawn to them for their vitality and exuberance. In their minds, life is a holy treasure and the world is something to be experienced, treasured, and revered. They have respect for nature and will do what they can to help the world in tangible ways. At this level, Sevens are mentally quick and have an unquenchable curiosity to learn new things. They learn quickly and are highly resourceful making the most of any situation they find themselves in. Because of their joy, intelligence, and resourcefulness, they are surprisingly resilient and can rebound from any setback with grace.Enneagram Sevens at Their Worst:Impulsive and frenetic, Sevens at their worst look for pleasure and distraction everywhere. They hate to be still because it might cause them to face their own anxieties and grief. Instead, they chase after pleasure finding it in excessive sex, drugs, alcohol, or materialism. Typically poor at handling money, they rack up debt in their efforts to find possessions or experiences that will keep them busy. When they dont get what they want, they have tantrums and become aggressive, lashing out at the people around them. At this level, Sevens can act like bullies, pressuring others to join them in their self-destructive activities. They might make fun of people who wont try a risky drug with them or reject people who arent willing to take risks with them. Unfortunately, their risky activities dont even give them pleasure most of the time. They are exhausted, often struggling to sleep at night because they dont want to face their own thoughts or anxieties. They tend to appear like spoiled children, impulsively saying whatever they think of and over-reacting to anything that upsets them. They are typically seen as obnoxious and childish, with no ability to inhibit their impulses.Find out more about enneatype Sevens.Enneagram Eights at Their Best:At their best, Eights are gentle, faithful, and courageous. Heroic in nature, they have no qualms putting themselves in danger if it means protecting those they see as vulnerable or persecuted. That said, they dont do so impulsively. They are very thoughtful and equipped with enormous resourcefulness seeing opportunities where others fail to look. Big-hearted and compassionate, the healthy Eight generously helps others and is filled with both physical and moral courage. People flock to them for courage, guidance, and a sense of safety. Yet rather than being prideful and authoritative about this, they are benevolent and modest. They are anxious to solve peoples problems, provide practical resources, and stand up for the greater good. Their inner strength and bravery makes them a source of strength for many.Enneagram Eights at Their Worst:At their worst, Eights are ruthless, violent, and power-hungry. Often damaged by a violent or abusive childhood, Eights at this level are determined that no one will ever hurt them or get close to them again. They see acts of empathy or friendship as weakness, and cant tolerate softness in anyone especially themselves. Brutal and easily-angered, they have a might-makes-right philosophy on life that defies any moral code. In order to avoid guilt for their many wrongdoings, they commit more and more grievous acts, so as to weaken their conscience. They are often oppressive, dishonest, and retaliatory. They see weakness in any form as abhorrent and will go out of their way to demean those they see as frail or cowardly. All these violent, intimidating acts are coping mechanisms theyve developed so that they dont have to face the feeling of vulnerability, pain, and helplessness they faced as children.Find out more about enneatype Eights.Enneagram Nines at Their Best:Deeply caring and peaceful, the healthy Nine feels at one with themselves and the world around them. In fact, they enjoy getting in touch with nature, animals, and music as a way to feel connected to something larger than themselves. Gentle and unassuming, these types have a great depth of caring for people and enjoy helping others even their enemies. In fact, you could say the Biblical guidance of Love your enemies. Do good to those who hate you is more easily applied to a Nine. Rarely flustered, Nines have self-respect, dignity, and a sense of wonder that never seems to go away. While other types outgrow their childish wonder, Nines have an innocence and enchantment with the world that draws others in. This calm sense of contemplation can make them deeply spiritual or whimsical often both. Their stable, comforting presence makes them a source of strength and solace for many. However, its important to note that they dont give themselves wholly to self-sacrifice. They know what they want, think, and feel, and are capable of standing up for themselves and giving voice to their innermost thoughts. They are aware of their true worth, and this gives them a sense of dignity and confidence. Their indomitable spirit is admired by types especially those who feel flustered and anxious throughout much of their lives.Enneagram Nines at Their Worst:At their worst, Nines are so distanced from themselves and their own feelings that they are unable to accomplish much of anything. They refuse to face the problems that surround them, instead choosing to live in denial and distraction. They may have make-believe scenarios or proverbs that they revert to when something is required of them or a conflict arises. More than anything, they dont want to be affected by anything themselves, others, or the world around them. They are inwardly furious at anyone for trying to get them to do anything, but they refuse to voice this anger. Rather they use passive-aggression to cope. They may agree to do something, then ignore it completely. They may give family members the silent treatment or tune out of the problems and struggles of their children. When they are called out on these behaviors, they act mystified and confused. They dont understand how they could have caused a problem since they have been so conflict-avoidant. It surprises them how much theyve cost their loved ones. The guilt could be overwhelming, but so as to avoid the guilt they repress their feelings. At this level, depersonalization is very common. In order to cope with their struggles and traumas, they will not accept reality and become vacant and removed.Find out more about enneatype Nines.What Are Your Thoughts?Did you enjoy this article? Do you have any insights or thoughts to share? Let us know in the comments!Find out more about your personality type in our eBooks, Discovering You: Unlocking the Power of Personality Type, The INFJ Understanding the Mystic, and The INFP Understanding the Dreamer. You can also connect with me via Facebook, Instagram, or Twitter! Click on any of the titles below to read detailed descriptions about each of the nine Enneagram types. The Rational, Idealistic Type: Principled, Purposeful, Self-Controlled, and Perfectionistic The Caring, Interpersonal Type: Demonstrative, Generous, People-Pleasing, and Possessive The Success-Oriented, Pragmatic Type: Adaptive, Excelling, Driven, and Image-Conscious The Sensitive, Withdrawn Type: Expressive, Dramatic, Self-Absorbed, and Temperamental The Intense, Cerebral Type: Perceptive, Innovative, Secretive, and Isolated The Committed, Security-Oriented Type: Engaging, Responsible, Anxious, and Suspicious The Busy, Fun-Loving Type: Spontaneous, Versatile, Distractible, and Scattered The Powerful, Dominating Type: Self-Confident, Decisive, Willful, and Confrontational The Easygoing, Self-Effacing Type: Receptive, Reassuring, Agreeable, and Complacent

Enneagram uitleg. Which enneagram type is the most difficult. Enneagram type strengths. What enneagram type is the best. Strongest enneagram.