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What can a toddler therapist help with? Therapists specializing in working with toddlers are often equipped to handle a variety of concerns, including behavioral challenges, school/ childcare concerns, and major family changes and transitions, such as divorce or family separation. Since therapy for children is highly dependent on each child's
developmental stage and specific challenges, therapists will often begin the therapeutic relationship with a thorough assessment or behavioral evaluation, which can also be helpful to parents and caregivers who may benefit from hearing a professional assessment of their child's functioning. Therapy for toddlers can help facilitate improved behavior,
bolster age-appropriate coping strategies, and help establish consistent structure within a child's life. Toddler therapists can also help support their toddler, particularly in the case of any diagnosable behavioral or mental health concerns. What qualifications are necessary to work as a therapist
for toddlers? Most toddler therapists are licensed psychologists, social workers, or mental health counselors who have experience working with young children. These professionals generally hold at least a Master's Degree in their specific field and have undergone supervised training in their assigned specialty. Many therapists may have additional
training or certification in common therapeutic modalities used with children, such as Play Therapy, Parent-Child Interaction Therapy, and/ or Applied Behavioral Analysis (ABA). Families should ensure that a therapist is licensed in their given state and has a specific background in working with young children and their families. When does a toddler
need to see a therapist? There are numerous reasons why a toddler may benefit from seeing a therapist. Most commonly, families may choose to seek counseling for their toddler if the child is showing significant behavioral disturbances or changes, interpersonal conflict, or learning difficulty. Therapists may also provide assessment or diagnostic
services, which can help families decide what additional resources their child has a diagnosable condition, such as ADHD or autism. Such assessments can be beneficial to toddlers and their families even in the absence of ongoing therapy sessions. Toddler therapists can also work alongside pediatricians, teachers,
and other adults in the child's life to help provide a more supportive environment that minimizes behavioral or relational conflict. How can I recognize a good therapist for toddlers? Finding a toddler therapist who is a good fit is essential for a successful therapeutic relationship. Families should assess whether they feel comfortable with a given
counselor and whether they feel the counselor is receptive and engaged in sessions with the toddler. Good toddler therapists will typically have extensive experience working with young children and be knowledgeable about the behavioral challenges young children and be knowledgeable about the behavioral challenges young children and be knowledgeable about the behavioral challenges young children and be knowledgeable about the behavioral challenges young children and be knowledgeable about the behavioral challenges young children and be knowledgeable about the behavioral challenges young children and be knowledgeable about the behavioral challenges young children and be knowledgeable about the behavioral challenges young children and be knowledgeable about the behavioral challenges young children and be knowledgeable about the behavioral challenges young children and be knowledgeable about the behavioral challenges young children and be knowledgeable about the behavioral challenges young children and be knowledgeable about the behavioral challenges young children and be knowledgeable about the behavioral challenges young children and be knowledgeable about the behavioral challenges young children and be knowledgeable about the behavioral challenges young children and be knowledgeable about the behavioral challenges young children and be a second and the behavioral challenges young children and behavioral challenges young children and behavioral children and behavioral challenges young children and behavioral children a
toddlers are too young for traditional psychotherapy and thus benefit most from play therapy and related modalities; therefore, it is important to look for a counselor who has experience with such age-appropriate forms of therapy. In addition to conventional talk therapy for children, adolescents and adults, we offer ecotherapy (nature-based therapy
outdoors), play therapy and sandtray therapy. A genuine, trusting relationship is the essential basis for psychological healing and growth. Within that framework, we incorporate the tools and strategies for change that seem most suited to each individual's preferences, worldview and primary concerns. We believe in partnering with individuals by
combining our training in evidence-based interventions with the strengths and resources they possess to best facilitate change. We believe in addressing all areas of a person's life: emotional, physical, social, and spiritual. I have extensive training working with children and teenagers and have worked with families in the Greater Memphis Area for
over 10 years. Having some background in visual arts has allowed me to incorporate a lot of expressive and art based therapists into practice. I have an Ed.S in Counseling Psychology focusing on Play Therapy allows the therapists into practice. I have an Ed.S in Counseling Psychology focusing on Play Therapy allows the therapists into practice.
talking. I work with adults, teens, children, and families, and have experience in helping individuals navigate a range of mental health concerns. I treat clients anywhere from 4 years of age to adults. I use an integrative therapy approach that is tailored to each individual. I have experience in helping clients manage and overcome anxiety, depression,
school issues, transitions, self-esteem, and trauma. I work with my clients to find the approach that best fits their individual needs. "The secret of CHANGE is to focus all of your energy not on fighting the new."-Socrates. I provide therapy services for children, adolescents, and adults who are experiencing life difficulties,
providing a professional, safe environment for those seeking understanding, answers, resolution, and improving quality of life. My clinical experience includes various settings: community mental health, behavioral health and substance abuse residential treatment, foster care, crisis intervention, in-home services. I have worked with children,
adolescents, and adults in a variety of practice settings over the past 20 years. Each child has unique life experiences and circumstances, which is why I use an integrative approach to play therapy with every child. There are foundational theoretical approaches I use with each child including Interpersonal Neurobiology (IPNB), a child-centered
approach, and mindfulness practices are integrated into each session. I have been working with children and teens for many years as a former teacher. I believe one of the bravest things you can do is begin to understand your OWN story! You deserve to live a life that leaves you excited to wake up every morning. You want to connect with someone
who is real and can empathize with your experience. I am as real as they get! The first step, making a call to a therapist, can be the most difficult step of the entire process. Take a moment and a few deep breaths and call to see how I can help. Life is too short to be weighed down with stress, anxiety, or trauma from past experiences. You deserve to
be free of emotional worries and able to create a life worth living. I specialize in working with emotional and behavioral issues at home or school. My areas of specialty include but are not limited to the treatment of: Anxiety, OCD, perfectionism, ADHD, behavioral Issues, learning
disabilities and autism spectrum disorders. Additionally, I provide consultation regarding: college major selection, parenting and attend meetings at your child's school when needed. At New Directions Counseling Center our focus is to create a therapeutic environment for children, adolescents, adults, families, and couples to explore new directions
and create positive changes in their lives. At New Directions Counseling Center we have licensed therapy, and Cognitive Behavior Therapy, Grief Counseling, Marriage and Family Therapy, Dialectical Behavior Therapy, and Cognitive Behavior Therapy, and Cognitive Behavior Therapy, Grief Counseling, Marriage and Family Therapy, Dialectical Behavior Therapy, and Cognitive Behavior Therapy, Grief Counseling, Marriage and Family Therapy, Dialectical Behavior Therapy, and Cognitive Behavior Therapy, Grief Counseling, Marriage and Family Therapy, Dialectical Behavior Therapy, and Cognitive Behavior Therapy, Grief Counseling, Marriage and Family Therapy, Dialectical Behavior Therapy, and Cognitive Behavior Therapy, Grief Counseling, Marriage and Family Therapy, Dialectical Behavior Therapy, Dialectical Behavior Therapy, Grief Counseling, Marriage and Family Therapy, Dialectical Behavior Dialectica
Therapy. We all want to reach our potential, as children, adolescents, parents, families and out-of-control teenagers. Although I am not affiliated with insurance plans, I will
give you information on an app that you can use to file for out of network reimbursement in about a minute. I have experience working with families, children, adolescents, young adults & adults concerns. I have experience working with families, children, adolescents, young adults & adults concerns. I have experience working with families, children, adolescents, young adults & adults concerns. I have experience working with families, children, adolescents, young adults & adults concerns. I have experience working with families, children, adolescents, young adults & adults concerns. I have experience working with families, children, adolescents, young adults & adults concerns. I have experience working with families, children, adolescents, young adults & adults concerns. I have experience working with families, children, adolescents, young adults & adults concerns. I have experience working with families, children, adolescents, young adults & adults concerns. I have experience working with families adults of the families of 
suicidal ideation and self-harming behaviors. I have experience working with disorders such as ADHD, PTSD, Conduct Disorder, Anxiety, Mood Disorders, and Self-Esteem I have 10 years experience providing therapy to adults and children who have experienced traumatic experiences. I am trained in
EMDR, DBT, CBT, SMART, and other focused modalities. I use a combination of these approaches to help clients manage anxiety, depression, grief, life transitions, emotional dysregulation, and other targeted symptoms. I work with parents who have tried everything and still have trouble
successfully managing their children's defiant or noncompliant behavior. I primarily utilize Parent Child Interaction Therapy (PCIT), which is an evidence-based approach to behavior therapy that uses a parent-coaching model. In the first phase, we have a
firm foundation to implement effective discipline strategies! Germantown Behavioral Solutions (GBS) is an outpatient practice of mental health providers and behavior analysts who serve children, adolescents, families and adults through a variety of personally tailored services and therapies. Adults, adolescents and children face many stressors and
often need a safe place to talk and work through the difficult time in their life. There are seven therapists and a nurse practitioner allowing a confidential, safe and relaxed atmosphere. All of the therapists are trained in EMDR and the nurse practitioner is available for medication management. I have worked a great deal with men struggling with
various addictions as well as men, women, and children who have been traumatized and/or battling depression and anxiety issues. Welcome! I have a drive to help those who are struggling with autism spectrum disorder, addiction, trauma, anxiety, and depression. I work at a pace that is comfortable with you to ensure that you receive the right
amount of care as possible as we go on this journey of healing together. I work to aid you with helpful coping skills, relationship building/repairing, communication skills, and finding self-identity. My objective is to get to the point where you will confidently be able to help yourself with the skills you develop over time. Children and adolescents are
faced with stress and trauma in ways that challenge their support systems beyond the norms of the past. Finding specialized therapeutic support can be challenging, which is why I specialize in treating anxiety in children and adolescents. Also, I have extensive experience working with clients affected by depression, emotional regulation issues, self-
harm behaviors, attachment issues, relationship issues, substance use, and trauma. I have worked in a variety of positions providing alcohol and drug counseling, marital and family therapy, individual therapy for children, adolescents and adults. I hold Diplomates in the field of Trauma, Diplomate Board Certified Expert in Traumatic Stress, Board
Certified Clinical Trauma Professional-Level II, Licensed Professional Counselor/Mental Health Service Provider, Board Approved Supervisor, Licensed Clinical Pastoral Therapist and Licensed Professional Counselor/Mental Health Service Provider, Board Approved Supervisor, Licensed Clinical Pastoral Therapist and Licensed Professional Counselor/Mental Health Service Provider, Board Approved Supervisor, Licensed Clinical Pastoral Therapist and Licensed Professional Counselor/Mental Health Service Provider, Board Approved Supervisor, Licensed Clinical Pastoral Therapist and Licensed Professional Counselor/Mental Health Service Provider, Board Approved Supervisor, Licensed Clinical Pastoral Therapist and Licensed Professional Counselor/Mental Health Service Provider, Board Approved Supervisor, Licensed Clinical Pastoral Therapist and Licensed Professional Counselor/Mental Health Service Provider, Board Approved Supervisor, Licensed Clinical Pastoral Therapist and Licensed Professional Counselor/Mental Health Service Provider, Board Approved Supervisor, Licensed Professional Counselor/Mental Health Service Provider, Board Approved Supervisor, Licensed Professional Counselor/Mental Health Service Provider, Board Approved Supervisor, Licensed Professional Counselor/Mental Health Service Profession Profession Counselor/Mental Health Service Profession Counselor/Mental Health Service Profession Professi
back to their smiley self again. Learn tools to support your childs happiness and wellbeing. Through the power of animal connection, your child can learn to manage and communicate their emotions in healthy ways. Ashley is a published licensed
professional counselor skilled in counseling children, adolescents, and adults. Some of Ashleys counseling specialties include depression, anxiety, behavioral struggles, parent and child relationships, self-image, life changes, mood disorders and trauma. Finding the right support for yourself, your child, or your teen can feel
overwhelming, but you dont have to navigate this journey alone. My approach is holistic and trauma-informed, integrating Cognitive Behavioral Therapy (CBT), mindfulness, and play therapy techniques. I tailor treatment to each individuals unique strengths and work collaboratively with parents, caregivers, and young adults to foster growth and
resilience. Child Therapists Child psychologists in Memphis, TN provide mental health therapy to children and are experts in child development. Every comprehensive review of therapy with children shows that all credible approaches, when performed by a competent mental health clinician, produce almost the same results. About half of all kids will
get better. Of those that improve, 80% will show progress in a relatively short time, while the remaining 20% will need longer-term support. The best child show progress in a relatively short time, while the remaining 20% will need longer-term support. The best child show progress in a relatively short time, while the remaining 20% will need longer-term support. The best child show progress in a relatively short time, while the remaining 20% will need longer-term support.
faces. Finally, a good therapist appreciates the child's culture and is sensitive to the values of the child's community. Laura is certified in Trauma Focused Cognitive Behavioral Therapy (PCIT), and trained in Child and Family Traumatic Stress Intervention. Laura has had a career of serving the
community in a variety of settings. She has experience in supporting and counseling families experiencing crisis and trauma as a professional firefighter, trauma medical social worker, and as a licensed clinician focusing on trauma. In addition to my private practice, I also provide psychotherapeutic services at a hospital specializing in children and
adolescents with medical and psychological challenges. I have been a licensed professional counselor for over a decade, working with adolescents and adults in both inpatient and outpatient settings. I work with clients dealing with adolescents and adults in both inpatient and outpatient settings. I work with clients dealing with adolescents and adults in both inpatient and outpatient settings. I work with clients dealing with adolescents and adults in both inpatient and outpatient settings.
behavioral therapy and solution-focused therapy to develop coping skills to help you move successfully to a full and happy life. I can help you develop mindfulness practices and tools to enhance your recovery. She uses play therapy, art, nature-based interventions, and safe, intentional spaces to help clients of all ages children, adults,
couplesexperience healing and transformation. As an educator, Katie is passionate about mentoring future counselors, inspired by the deep impact her own teachers had on her journey. Her research interests center around nature, well-being, and family attachment. Outside of work, she enjoys hiking National Parks with her husband, daughter, and
dog, caring for her plants, reading & connecting with family. Our practice provides a comfortable, calm and private environment where we can focus on a goal driven process. Regardless of the issues you are facing, we can work toward realistic, attainable outcomes. I work with children, adolescents and adults. Please visit our website at
www.coastalvacounseling.com or call us today so we can evaluate your needs, make sure we are a good fit and get the process started. I have advanced training in DBT and DBT-C, EMDR certified therapist, and I am a Registered Play Therapist-Supervisor and qualified supervisor in the state of Virginia. Youre doing your best, but your childs big
emotions or behaviors feel overwhelming. I help young children and their parents navigate big feelings, challenging behaviors, and tough transitions. Using play-based therapy and parent coaching, I offer practical, supportive tools that build emotional regulation, reduce conflict, and strengthen connection at home. feeling more connected and better
able to communicate with your child. I practice a flexible, client centered approach in my work with children and adults. I emphasize strengths and help clients to build coping skills and healthy relationships. I have completed training programs in Trauma Focused - CBT, Family Systems Trauma (FST), Play Therapy, Poetry Therapy, EMDR Level 2,
and Parenting with Love and Limits. Is your child experiencing difficulty at school, preschool, or in day to day life? My practice's main emphasis is working with children 4-10 years old utilizing a child-centered approach to allow the child to use their primary language, play, to address the child's concerns. I also use interventions from other
therapeutic models when appropriate while working with my adult clients. I have enjoyed a breadth of experience in working with families has been paramount in assisting children and
parents regulate behavioral concerns, develop positive relationships, and overcome issues of depression and anxiety. My work includes a variety of modalities consisting of both talk therapy and interactive activities. I specialize in treating children ages (5+), adolescents, young adults, and adults. I am passionate about helping clients work through
depression, anxiety, grief and loss, pre and post-adoption for children or caregivers, ADHD, anger management, and spiritual issues. I am passionate about trauma work and assisting the client in healing from past trauma. I understand the impacts trauma can have on the brain and current functioning. While we can't change situations that have
occurred in our past, I can work with you or your child to better understand situations so that they no longer control you and/or your family. Our practice has current availability! Each of us are unique, and so are our struggles. As unique as we are, there are times in all of our lives where we feel challenged, stuck, exhausted, or lost. It can be
beneficial to seek help from someone outside our situations to help us find ways to make positive change, and move through these trying times. We use an eclectic and collaborative approach combining both psychotherapy in the therapeutic process. Our focus is allowing individuals to use their own strengths and weaknesses to
develop a pathway for a healthy balanced life. *Immediate availability* I help children, teens, adults, and families by providing the opportunity to be heard and accepted. I have experience with children and teens specifically focusing on behavior and learning. I have spent 4 years providing intensive in-home therapy to children, adolescents, and their
respective families with challenges such as anxiety, depression, aggression, aggression, aggression, aggression, aggression, and/or crisis response. Later, I shifted my focus to working with PTSD, using EMDR therapy to help them process their
trauma and lead healthier, more fulfilling lives. My experience also includes working with families and couples, allowing me to further broaden my skills and provide support to individuals and the important relationships in their lives. Over the last ten years, I have had the pleasure and vast experience working with children, adolescents and their
families in multiple settings including outpatient clinics, schools and community partners. My own journey into motherhood and experience with fertility struggles from endometriosis, birth trauma, postpartum anxiety and depression has inspired me to go through training and certification to serve women with similar experiences. I am PSI trained in
Perinatal Mental Health and working towards my PMH-C certification. I have a lot of experience working with ADHD children, adolescents and adults; often helping people to understand their treatment options. I am a Licensed Clinical Social Worker and operate an independent outpatient practice centrally located in Virginia Beach, Va. With over 25
years of experience, I have an appreciation for how difficult it can be to get started in therapy, as well as the potential for change that individual within the context of family, work, and community. I emphasize problem solving as well promotion of a healthy lifestyle to enhance
emotional health. I work with individuals, families, and couples dealing with conflicts at home or at the workplace. Does your child's behaviors feel overwhelming and experience has provided me with the knowledge to adapt to each unique individual utilizing proven therapy models. I have experience
overwhelming feelings that come with your child's behavior? Heart and Soul- Child and Family Services' s goal is to empower you to improve your mental and emotional health so you can function at your very best. I utilize a holistic person-centered or strength based approach to provide quality compassionate, culturally sensitive and evidence-based
mental health care. I work with clients, especially children, who may be struggling with issues from anxiety to Autism. Hi there, My name is Frances and I have a passion to promote joy and well-being in others through my engaging therapy practices. Im a dedicated strengths-based, solution focused Licensed Clinical Social Worker that has been
practicing in Hampton Roads for the past 7 years. Im a Virginia Beach native who graduated with a Masters Degree in Social Work from NSU. I have vast experience working as a clinical supervisor and therapist in early intervention and continuing care settings. I enjoy utilizing my vibrant skill-set, humor and mindfulness to assist my clients in
adjusting to any current life challenges they may be facing. I work with children, teenagers, couples and families in a trauma-informed care approach that emphasizes working collaboratively with my clients to help them build relationships and positive self-worth as they seek to attain their life goals. I am experienced working with depression and
anxiety disorders, behavioral disorders, attachment disorders, attachment disorders, Autism Spectrum Disorder, ADHD and other modalities that the client and I determine will be most helpful. With seven years of experience, I specialize in
providing support and guidance to children, teens, young adults, and their families facing challenges related to depression, anxiety, self-esteem, social struggles, life transitions, and family conflict. In our sessions, you can expect a collaborative and supportive environment where your voice is heard and valued. Together, we will explore your thoughts
and feelings, identify patterns, and work towards meaningful change. My goal is to help you build resilience, manage stress, and achieve a greater sense of well-being. Outside of my professional life, We have specialists in house who work with families, adolescents, children, and adults. We help families, couples, and individuals who are struggling.
We offer them help when they are working through personal struggles, marriage/couple difficulties, family concerns, the difficult teen years, emotional/behavioral issues, or other difficult life circumstances. This process can be scary and I commend you for starting it! We accept Anthem/BCBS, Optima, and Tricare. We are currently open to new
clients! Child Therapists Child psychologists in Virginia Beach, VA provide mental health therapy to children shows that all credible approaches, when performed by a competent mental health clinician, produce almost the same results. About half of all kids
will get better. Of those that improve, 80% will show progress in a relatively short time, while the remaining 20% will need longer-term support. The best child therapists in Virginia Beach build great relationships with the child and the parent. They also see the child's strengths and are open to hearing the child's possible solutions to the challenges
the child faces. Finally, a good therapist appreciates the child's culture and is sensitive to the values of the child's community. Children of all ages can have strong emotions, which can affect how they act, learn, think and feel. Sometimes their emotions can be tough for them and their families to handle. Thats where we come in. At Nemours
Children's, our behavioral health experts can help you find the causes of your childs emotions and behavior. We also treat children who are in the hospital and dealing with behavioral health issues. Your family may see achild psychologist. This is a licensed
professional with an advanced degree and special training in childrens mental health issues. Child psychiatrist. This is a medical doctor with special training in childrens mental health. Child psychiatristscan prescribe medication. Your child may also see a pediatric
neuropsychologist. This is a licensed psychologist with expertise in brain-behavior relationships who conducts evaluations for children with complex medical conditions. Our psychologists and families the tools they need to cope with difficult feelings. Well work with your childs teachers. Well also communicate with your
pediatrician and any other Nemours specialists your child sees. Together, well develop a personalized treatment plan. She specialists your child, and families to not only address issues like anxiety, depression, OCD, ADHD, behavioral problems (child/teen), and autism, but to find their overall path towards happiness and well-being
Caitlin utilizes a holistic approach to therapy. She employs CBT, the gold standard in mental health treatment, both in efficacy and speed of results, and incorporates ACT to help you embrace lifes challenges, develop mindfulness, and foster personal growth. She uses SPACE techniques to equip parents with tools to support their childrens emotional
needs. I treat adults and couples, but I also specialize in seeing children and adolescents. When seeing a new patient I am always mindful of the value of listening and communication. I am always mindful of the value of listening and communication. I am always mindful of ways of interpreting deeper understanding, but it begins with the building of a relationship between the two people in the room. By allowing this and communication in the room in
to develop I am able to assist in finding resolutions to symptoms and patterns that are emotionally painful and stubbornly have not gone away. My ideal client is one who is at least curious about making a commitment to change. I will attempt to do my part. I do use video and teletherapy for new and established patients. As a parent myself, I know the
fears, anguish, and confusion you can have dealing with your child's or adolescent's struggles. Are you searching for help with a problem or two from someone you feel comfortable talking to and trust? I look forward to meeting so you can see how I can be of real help. I have been honored to help clients for over four decades in my private office and
now with tele health. As a clinical psychologist, I specialize in working with children, adolescents, adults, and families with an array of presenting concerns. Through my work at Bellevue and NYU school of medicine and through previous training (LIJ, BU Medical Center), I have gained extensive experience working with children, adolescents, adults, and families with an array of presenting concerns.
and evidence-based treatment modalities. I work to meet clients where they are at and tailor treatment to reflect stage of change, strengths, and personality style. I am an LMHC with 15 years of experience working with children, teens, families, and young adults. I am certified in evidenced based therapies of TF-CBT, DBT, MATCH, and CBITs. I am
trained in CBT and other behavioral strategies. I am solutions focused, strengths based, and I set specific goals for therapy progress. I specialize in childhood. As a New York State licensed psychologist, I work with children, teens, and adults
and self-fulfillment. I specialize in working with young children and their caregivers who are experiencing a variety of behavioral and developmental challenges resulting from trauma, autism spectrum disorders, depression, anxiety and other social-emotional concerns. My treatment approach incorporates relational, play-based models of therapy that
address the goals and needs of the family. I assess the child's individual needs through a developmental lens including the child's sensory profile to determine the best course of treatment. I work collaboratively with other therapists and teachers. She specializes in helping children, adults, and families to not only address issues like anxiety,
depression, OCD, ADHD, behavioral problems (child/teen), and autism, but to find their overall path towards happiness and well-being. Caitlin utilizes a holistic approach to therapy. She employs CBT, the gold standard in mental health treatment, both in efficacy and speed of results, and incorporates ACT to help you embrace lifes challenges
develop mindfulness, and foster personal growth. She uses SPACE techniques to equip parents with tools to support their childrens emotional needs. I'm culturally competent in several areas such as race, sexuality, religion, and disability and have specialization in working with autistic individuals with ADHD, and children
I use a collaborative and tailored approach with each person I work with in order to achieve their goals. Along with the right therapy modality, I love incorporating clients' interests into my therapeutic work with the right therapy modality, I love incorporating clients' interests into my therapeutic work with the right therapy modality, I love incorporating clients' interests into my therapeutic work with the right therapy modality, I love incorporating clients' interests into my therapeutic work with the right therapy modality, I love incorporating clients' interests into my therapeutic work with the right therapy modality, I love incorporating clients' interests into my therapeutic work with the right therapy modality, I love incorporating clients' interests into my therapeutic work with the right therapy modality, I love incorporating clients' interests into my therapeutic work with the right therapy modality, I love incorporating clients' interests into my therapeutic work with the right therapeutic w
that is highly effective in the treatment of trauma, phobias, anxiety, and abuse. Often EMDR is conducted as short term treatment. I specialize in children, adolescents and adults. When working with children survivors of the treatment of trauma, phobias, anxiety, and abuse. Often EMDR is conducted as short term treatment. I specialize in children is unitarity to the treatment of trauma, phobias, anxiety, and abuse. Often EMDR is conducted as short term treatment of trauma, phobias, anxiety, and abuse. Often EMDR is conducted as short term treatment of trauma, phobias, anxiety, and abuse. Often EMDR is conducted as short term treatment. I specialize in children I maintain contact with schools, with consent of parents. I also am familiar with children I maintain contact with schools, and abuse.
suicide, parental death to cancer or sudden trauma. It is a pleasure to see individuals progress past painful life events without continued emotional difficulties they are experiencing at school or at home. I work towards forming
a collaborative team with parents to facilitate their child's development and growth. I also offer insight and strategies to cope with the challenges of family life. Re: children and adolescents, they often have behavioral issues that appear confusing. I often hear - My child/spouse is not acting right! or We just can't get along! By activating
complementary therapeutic approaches and techniques, together we unearth behaviors that may prohibit change. Utilizing cognitive strategies and problem-solving, these behaviors begin to acquire flexability and we find rightful resolutions for your child/spouse/family. If you or your child are struggling with anxiety or a related disorder such as a complementary therapeutic approaches and techniques, together we unearth behaviors that may prohibit change. Utilizing cognitive strategies and problem-solving, these behaviors begin to acquire flexability and we find rightful resolutions for your child/spouse/family. If you or your child are struggling with anxiety or a related disorder such as a complementary therapeutic approaches and problem-solving.
Obsessive Compulsive Disorder (OCD), tics, Tourette Syndrome, or trichotillomania (hair pulling), please consider reaching out to set up a free 15-minute consultation. I am a clinical psychologist licensed in New York and New Jersey with training from UCLA and Columbia University in the assessment and treatment of anxiety and compulsive
disorders. I am committed to working collaboratively with my clients to improve their quality of life. I strive to help my clients clarify their goals and learn the skills they need to achieve them. As a clinical psychologist, I have devoted my career to supporting the social-emotional development of children and adolescents. In addition to my private
practice, I am the Head of the Psychology Department at a special education school in NYC. I provide individual and group therapy, teacher consultation and parent support. I am licensed in both NY and NJ and am currently offering both in-person and telehealth sessions. She specializes in working with children, teens, and adults and has worked
 across various settings, including private practice, school, residential, and community mental health. Dr. Dobbs has a profound understanding of mood, anxiety, OCD, parenting, ADHD, executive functioning, life transitions, adjustment issues, and perinatal mental health. Clients describe her as a keen listener, solution-focused, nonjudgmental, and
approachable. Her sense of humor adds a touch of warmth, creating an environment conducive to growth and healing. She specializes in working with children, teens, and adults and has worked across various settings, including private practice, school, residential, and community mental health. Dr. Dobbs has a profound understanding of mood,
anxiety, OCD, parenting, ADHD, executive functioning, life transitions, adjustment issues, and perinatal mental health. Clients describe her as a keen listener, solution-focused, nonjudgmental, and approachable. Her sense of humor adds a touch of warmth, creating an environment conducive to growth and healing. I specialize in treating children and
adults with depression, self-esteem issues, relationship issues, substance abuse, and trauma, and am experienced in the treatment of an array of clinical diagnoses. Congrats on taking the first step towards improving your life and thank you for allowing me to accompany you on your journey to fulfillment! My approach is grounded on the belief that
every individual has the power and potential to create fulfillment in their lives when given the action tools and the opportunity to hear that still quiet voice guiding but not limited to psychoanalysis, Cognitive Behavioral Therapy, Motivational
Interviewing and Gestalt which I tailor to the clients individual, family and group modalities. My practice is centered on collaborating with my clients. I listen closely and explore carefully in order to develop a space in
which my clients and I can come to a deeper understanding of what is interfering with their wishes and goals. Whether the struggle involves depression, anxiety, trauma, grief and loss, emotion regulation or interpersonal issues, I offer a warm and empathic environment to facilitate the expression of difficult thoughts and feelings. Throughout my
graduate and post-graduate training, I have found that using a flexible approach best enables my clients to work thru fixed or destructive patterns. I work with adults, adolescents, couples, families and children. I am committed to creating an atmosphere of trust, respect, and honesty. I listen attentively and believe that the relationship that we create
together is the most important tool for our work together. My orientation is also psychodynamic, which means that I believe in the central role of the unconscious, past history and emotional forces. I apply this approach to many kinds of issues (depression, anxiety, addiction, difficulty in interpersonal relationships, general sense of dissatisfaction with
life). My goal is to help you develop the awareness, insight, and psychological skills that you will be able to use later on your own. Child Therapists Child psychologists in New York, NY provide mental health therapy to children and are experts in child development. Every comprehensive review of therapy with children shows that all credible
approaches, when performed by a competent mental health clinician, produce almost the same results. About half of all kids will great relationships with the child and
the parent. They also see the child's strengths and are open to hearing the child's culture and is sensitive to the values of the child's community. I have extensive experience working with individuals, children, and families navigating a wide range of
issues. There is no such thing as an ideal clientbecause every person is unique. I dont believe in a one-size-fits-all approach to therapy. While each clients treatment from me: a genuine, compassionate, and honest therapeutic relationship. Your goals, along with
your voicewhether internal or externalare central to our work together. My focus is not on your diagnosis, label, or past, but on you as a person. I believe everyone deserves to be seen, heard, and supported in their journey toward healing and growth. Is your child is having learning difficulties in school or experiencing problems with attention
behavior or emotional issues? I am a clinical Licensed Psychologist in Nevada & I also hold a license in School Psychology in Nevada. My experience working with CCSD from 2006 to 2015. I work with children, adults, and families seeking a
supportive space where they feel seen as miraculous. I am a Registered Play Therapist Supervisor with a foundational grounding in Gestalt Theory. I am trained in Level I Theraplay and I am trained in Level I am trained
adopted individuals, both children and adults. I am a licensed psychologist providing highly specialized care to children, adolescents, and their families. ***Telehealth Services Available*** I take an evidence-based approach to treatment plan.
believe parent involvement in treatment is the key to success. I am happy to collaborate with schools and other providers to ensure quality care. I have many years and training experience with disabilities. I am currently not accepting new clients. My
approach to therapy is collaborative and empathetic. I believe we are all doing the best we can to manage lifes many challenges. I believe developing a trusting, genuine relationship with a client is the most important aspect of counseling. My perspective is always strengths based. Contact me for a consultation. I look forward to meeting you. I work
with children, families and individuals feeling overwhelmed by depression, anxiety or the challenges of parenting. You dont have to navigate it all on your own. Life can feel overwhelmingwhether you're facing anxiety, depression, or major transitions. I offer a safe, supportive space to slow down, feel heard, and begin healing. I specialize in
adolescents and women, especially those navigating maternal mental health, postpartum, infertility, and identity or family stress. A few of my specialties include infant/toddler mental health by supporting Mom, children and parenting, and trauma (first responders, military, birth trauma). Struggling with pregnancy, postpartum, or the transition to
motherhood? Worried about healthy attachment and parenting? Riding the mom guilt rollercoaster? Trying to create balance for your life? Life and its transitions can be tough, but so are you! Therapy can help - let's work together to help you build the life you want for yourself. I have over 11 years of experience working in mental health, am an
Approved Clinical Supervisor, Certified Perinatal Mental Health Therapist, and an EMDR Certified Therapist. I am equipped to work with the perinatal population including birth trauma, infertility, miscarriage and loss. I offer services for children, teens, adults, and late adulthood. Are you feeling overwhelmed, anxious, isolated, or just downright
stuck in life? Sometimes even day-to-day tasks are difficult to complete and motivation is hard to find. Let me help you navigate through this difficult time to take back control of your life. Im here to remind you that you do not have to carry these issues alone. Lets work together to develop and practice the skills that help to handle lifes stressors.
would love the opportunity to assist you in finding your inner strength and potential in order to live a healthy and meaningful life. With children, I utilize play therapy and art therapy to help children explore and understand their emotions for better communication and behavior at school and in the home. I specialize in working with individuals who area is communication and behavior at school and in the home. I specialize in working with individuals who area is communication and behavior at school and in the home. I specialize in working with individuals who area is communication and behavior at school and in the home. I specialize in working with individuals who area is communication and behavior at school and in the home. I specialize in working with individuals who area is communication and behavior at school and in the home. I specialize in working with individuals who area is communication and behavior at school and in the home. I specialize in working with individuals who area is communication and behavior at school and in the home. I specialize in working with individuals who area is communication and behavior at school and in the home. I specialize in working with individuals who area is communication and behavior at school and in the home. I specialize in working with individuals who area is communication and behavior at school and in the home.
seeking to cultivate self-esteem, improve relationships, navigate family dynamics, enhance communication skills, explore identity, and discover their sense of purpose. My clients are courageous souls who are eager to step into their truth, break free from limiting beliefs, and create a life aligned with their authentic selves. I have experience with a
wide variety of clients after working at a residential treatment center for children and adolescents and working at an outpatient agency for all ages and needs. I can help children and families navigate through the difficulties of developmental disorders, trauma, anxiety, stress, depression, self-esteem issues, family conflict, and behavioral issues to
reach a more balanced personal, professional, and/or home life. I can educate families about typical child development, communication skills, and coping skills. If you are struggling, your child is struggling, your relationship/partnership is struggling, we are here and we can help. Barber Family Counseling & Wellness takes an innovative approach to
mental health by recognizing the connection that exists between body and mind, the effects that one can have on the other and the synergy that must exist between the two. Barber Family Counseling & Wellness provides counseling to individuals (3+), couples and families. We offer a welcoming space and believe in meeting our clients where they are
in life and walking with them towards their goals and solution. Our clinicians treat a variety of issues and are highly skilled in tailoring their approach to the client, not the symptom. She specializes in individual, couples, families, and child therapy. Mrs. Jones has the availability to provide services for those insured as shes working with several
agencies and also accepting cash paying clients. Are you struggling with your child? Are you feeling anxious, angry, overwhelmed, having difficulty sleeping or feel that your life is out of control? Are life issues creating problems at work, with friends and family or marital problems? Most people need Mental Health Therapy to recover from difficult life
changes, trauma or loss of a loved one. We provide clear, straightforward therapy to help you to facilitate positive life changes. There is hope! Parents: You love your children but everything is a power struggle. Evening Appointments Available. Therapy sessions with me are warm, practical, and often fun. I provide a safe environment for changing and
improving life. I enjoy working with children (starting at age 8), individuals, couples, and families. My priority is ensuring that you feel comfortable as we head out on this healing journey together. You get to lead the charge! My role is to stand alongside you as you decide what we discuss and work through. I believe
that as you find meaning in your journey, you unlock a personal key to deeper healing, peace, and acceptance. Along with anxiety and depression, I enjoy working with children & adolescents. **NOW ACCEPTING NEW CLIENTS** Anxiety and depression, I enjoy working with children & adolescents. **NOW ACCEPTING NEW CLIENTS** Anxiety and depression, I enjoy working with children & adolescents. **NOW ACCEPTING NEW CLIENTS** Anxiety and depression, I enjoy working with children & adolescents. **NOW ACCEPTING NEW CLIENTS** Anxiety and depression can be crippling to ones ability to succeed in life. I strive to help individuals to not only overcome
these challanges, yet to be able to find new pathways of thinking that they can use throughout their life. Using techniques derived from cognitive behavioral therapy, I work with clients and tailor my treatment to each clients individual needs. I aim to provide a positive, encouraging and comfortable space for my
clients to engage in therapy. As a marriage and family therapist, I work comfortably with a variety of client populations: adults, couples Therapy and have completed Level 3 Practicum in Gottman Method Couples Therapy in my clinical work in the areas of
assessment and intervention. Likewise, I enjoy and have many years of experience working with children and teens using a play and art therapy approach. I work with emotional regulation, anxiety, and self-confidence. I specialize in helping children and adolescents build emotional awareness
self-confidence, and healthy relationships. Through techniques like ACT, Solution-Focused Therapy, and EFT, I guide them in exploring their emotions, setting goals, and improving communication with family and peers. I also offer parent coaching to strengthen family connections and su Specializing in serving children, adolescents, adults, and
families, I foster growth by identifying strengths, exploring relationship dynamics, and enhancing support to improve life effectiveness. Hi and welcome. I look forward to the opportunity to get to know you. I am a licensed psychologist and have been providing behavioral health services for nearly 20 years. Born and raised in Las Vegas, and licensed
in both Nevada and Hawaii, I deeply understand the needs of our communities and am passionate about behavioral health. I recognize that every person is an individual and every individual has unique strengths and weaknesses, as well as challenges and supports. Depression, anxiety, and relationship issues can feel debilitating, and are more
common than we think, yet they do not have to govern our day-to-day lives. Other times, these problems are interpersonal struggles with others such as our spouses or significant others, our children, and other loved ones. With over 10 years of experience in the field, I have helped clients with a wide range of presenting problems including self-harm
behaviors, depression, anxiety, eating disorders, behavioral problems, ADHD, trauma, issues surrounding divorce and grief/loss issues. I specialize in working with children and adolescents, but see adults in my practice too. Child Therapists Child psychologists in Las Vegas, NV provide mental health therapy to children and are experts in child
development. Every comprehensive review of therapy with children shows that all credible approaches, when performed by a competent mental health clinician, produce almost the same results. About half of all kids will get better. Of those that improve, 80% will show progress in a relatively short time, while the remaining 20% will need longer-term
support. The best child therapists in Las Vegas build great relationships with the child's community. I specialize in
working with children through play therapy, providing a developmentally appropriate way for young clients to express themselves and process emotions. I have experience supporting individuals with servere and persistent mental illness (SPMI), and I value working collaboratively with clients to find stability, empowerment, and hope. I offer an
integrative and relational approach that respects each persons unique story and strengths. As a Certified Play Therapist, I specialize in working with children and families, using creative, age-appropriate techniques. My education and experience applies to diverse populations, allowing me to assist with issues of anxiety, depression, trauma, grief, self-
identity, parenting, relationships, spiritual and multicultural challenges, social issues, adjusting to life changes, and the impact of stress, emotions, and developmental delay children. I have worked with multicultural issues of any age. I have
significant experience working with children ages 10+, pre-teens, teens, adults, couples, and families. I am an Associate of Premier Psychological Services dba Village Counseling Center, a Better Business Bureau A+ Accredited Business who has worked with thousands of clients. I specialize in various forms of psychological evaluation for both
children and adults. In addition to psychological evaluations, I provide therapy utilizing a variety of treatment approaches, choosing the most effective therapy techniques based on client need. I frequently treat issues related to depression, anxiety, and relationship concerns. Welcome, I have over 20 years of experience & have worked with hundreds
of clients: children, adults, couples/relationship issues, depression, anxiety, stress, anger, and more. I am an Associate of Premier Psychological Services, a Better Business Bureau A+ Accredited Business Bureau Bur
specialize in working with children ages 5+, teens, adults, parents, couples. I utilize my diverse life experiences and training in different therapeutic modalities to tailor therapy to each individual and group counseling find balance while they
are struggling with life changing events and the daily pressures in their lives. My work focuses on helping children, teens, adolescents, adults, and families through individual and family counseling. My clinical experience has included helping others to address stress, anxiety, depression, OCD, self-harm, defiance, anger, grief and loss, divorce, low
self-esteem, social skills, co-dependence, communication skills, and more. I also work with children and caregivers to address childhood challenges like emotional regulation, behavioral concerns, or coping with life changes. I work with individuals across the lifespan, from children to adults. With my training in play therapy, I help children express and
regulate emotions through creative and developmentally appropriate play. For adults, I apply principles of play therapy to explore how childhood experiences impact core beliefs and shape their present life. I am a bilingual Licensed Mental Health Counselor with over a decade of diversified experience in the psychological field in areas that include
working with families, couples, and children. I earned my masters degree in Mental Health Counseling from NOVA Southeastern University and her bachelors degree in Psychology with a minor in Sociology from Florida Atlantic University and her bachelors degree in Psychology with a minor in Sociology from Florida Atlantic University and her bachelors degree in Psychology with a minor in Sociology from Florida Atlantic University and her bachelors degree in Psychology with a minor in Sociology from Florida Atlantic University and her bachelors degree in Psychology with a minor in Sociology from Florida Atlantic University and her bachelors degree in Psychology with a minor in Sociology from Florida Atlantic University and her bachelors degree in Psychology with a minor in Sociology from Florida Atlantic University and her bachelors degree in Mental Health Counseling from Florida Atlantic University and her bachelors degree in Psychology with a minor in Sociology from Florida Atlantic University and her bachelors degree in Psychology with a minor in Sociology from Florida Atlantic University and her bachelors degree in Psychology with a minor in Sociology from Florida Atlantic University and her bachelors degree in Psychology with a minor in Sociology from Florida Atlantic University and her bachelors degree in Psychology with a minor in Sociology from Florida Atlantic University and her bachelors degree in Psychology with a minor in Sociology from Florida Atlantic University and her bachelors degree in Psychology with a minor in Sociology from Florida Atlantic University and her bachelors degree in Psychology with a minor in Sociology from Florida Atlantic University and her bachelors degree in Psychology with a minor in Sociology from Florida Atlantic University and her bachelors degree in Psychology with a minor in Sociology from Florida Atlantic University and her bachelors degree in Psychology with a minor in Sociology from Florida Atlantic University and her bachelors degree in Psychology with a minor in Sociol
clinical services. I have also completed an extensive amount of trainings and earned several certification and Reprocessing (EMDR)
Therapy, which she provides to children and adults. Michele has a diverse background working in a variety of behavioral health settings for over 24 years, including traditional outpatient therapy services, in-home therapy services, crisis intervention, behavioral analysis, foster care, inpatient assessments, medical social work, court ordered services
parent education and training, group home and sheltered workshop for individuals with developmental disabilities, nursing homes and clinical management. Michele earned her Bachelor of Science Degree, Majoring in Psychology, from the University of Florida in 1992. Over 100 years of experience, we've worked with thousands of clients: children,
adults, & couples. With several therapists in our office we can work with most any issue or difficulty. We accept most major insurances including BCBS, United, Humana, Cigna, Aetna, Tricare, and Medicare. With over 25 years of experience working with adults, teens and children, I have successfully assisted individuals with a variety of issues
including ADHD, anxiety, and depression. Welcome to summer! For many of us this is a time for us to relax, spend time with family, and recharge for the busy rest of the year. Its also a great time to check in on how we are doing personally. As I do this for myself, I would like to invite you to do the same. As a Board Certified Coach
and Licensed Mental Health Counselor I am uniquely trained to help you take stock of where you want to be in the coming months. I am a child-centered play therapist and use a humanistic approach with all of my clients. As a Registered Marriage and Family Therapy Intern, I have a passion for working
with kiddos, parents, and families. As a humanistic therapist, my approach is rooted in kindness, empathy, and respect for each persons unique experiences and backgrounds. Enjoys working with children in a therapeutic capacity where she can make use of her 20 plus years of experience as an elementary school educator as well as guiding people
through new career and lifestyle changes. Couples Counseling; Elementary Children, Adolescent Counseling; Bipolar Depression/ Anxiety I work with children, families and Individuals. As your therapist, I'm here to help guide you as you work through challenges and understand your feelings and thoughts better. Whether you're having problems on
your own or within your family, Ill help you figure out what might be holding you back from feeling your best and reaching your goals. Sometimes, we get stuck in patterns to help you figure out what might be holding you back from feeling your goals. Sometimes, we get stuck in patterns to help you figure out what might be holding you back from feeling your goals. Sometimes, we get stuck in patterns to help you figure out what might be holding you back from feeling your goals.
families dealing with transitions, divorce, trauma, depression and anxiety. I have my Master of Arts degree in Marriage and Family Therapy and my Professional License in Mental Health. I am passionate about providing clients with a safe place where they can be heard and find the solutions and coping skills to navigate through the many transitions
that life throws us. Our mission is to provide quality mental health services to children, adults, and families. Everyone at some point in life will experience a stressor that feels overwhelming. Sometimes you are able to resolve the crisis by yourself, but sometimes you may need a helping hand to get yourself back on the right path. Our Therapists offer
support and guidance as they work with you to develop the coping skills needed to effectively deal with the difficulties of life. If your emotional distress is impacting your ability to function and to enjoy life, it is time to seek help. I also work with children and adolescents who may be experiencing behavior issues, depression, lack of motivation, poor
grades, anxiety and depression. I work with individuals experiencing depression, anxiety, relationship issues, self-doubt and low self-esteem. My approach includes psycho-education to equip you with knowledge, and family systems to understand inherited beliefs. Knowledge is power and self-awareness can be liberating. I have spent over a decade
working with children and adolescents, most recently as a middle school counselor and adjunct professor at UCF. I believe that play is the language of children and those impacted by the foster care system.
At the heart of my approach is the belief that every children and are experts in Child Therapists Child psychologists in Orlando, FL provide mental health therapy to children shows that all credible approaches, when performed by a competent
mental health clinician, produce almost the same results. About half of all kids will get better. Of those that improve, 80% will show progress in a relatively short time, while the remaining 20% will need longer-term support. The best child therapists in Orlando build great relationships with the child and the parent. They also see the child's strengths
and are open to hearing the child's possible solutions to the child's community. I consider it an honor to work with children, tweens/teens, families, and adults seeking help and comfort during challenging situations. My approach is
Christ-centered and tailored to the specific needs of the client. I include EMDR, CCPT, Theraplay, Sandtray Therapy, expressive art techniques, IFS and DBT approaches, as well as prayer when requested. Whether you're seeking support for yourself, your child, or your family, our counseling services are tailored to help you rediscover strength, heal,
and grow. At JCCC, were committed to your well-being and personal growth. We offer Play Therapy, Equine-Facilitated Psychotherapy, CBT, and Gottman Method Couples Therapyeach tailored to meet your unique needs and life circumstances. Our goal is to help you overcome challenges, build resilience, and live a fulfilling, empowered life. We
combine the warmth of outpatient care with the depth of leading treatment services. With four locations and a new office opening in Steele Creek on August 1st, were now accepting new clients. Contact us today to begin your healing journey. I have two major areas of focus: life span issues in adults; adjustment problems in children and adolescents
In my work with adults, I focus on current life context and examine how age, stage of life, social, economic factors and spirituality interface with accomplishing and mastering major life tasks. In my work with children/adolescents, I specialize in treating anxiety, mood disorders, problems sustaining attention and academic achievement. Jennifer has
experience and training in working with children who struggle with anxiety, depression, low self-esteem, attention deficits, hyperactivity, opposition, irritability, difficulty with mood, difficulty with mood w
owner of Piedmont Therapeutics, PLLC. She received her Master of Social Work degree with a focus in Advanced Clinical Practice and a specialty in Health, Mental Health and Disability from Columbia University. While in her Masters program, she also received a fellowship training in trauma. Children are not immune to relational/emotional
struggles. Tiffany is a Licensed Clinical Mental Health Counselor in the state of North Carolina. She works with clients across the Lifespan beginning at 3 years old, focusing on struggles with life adjustments, cPTSD, anxiety, trauma, depression, behavioral concerns, identity and self awareness, relationship concerns, as well as grief and loss. Tiffany
believes that psychological wellness is about connection to and awareness of our self and relating well with others. Tiffany will work with you to process complicated thoughts and feelings and bring about meaningful awareness that lead to deeper connections in relationships. I have over 25 years of experience working with children, adults and
families, with a focus on younger children and those dealing with trauma. My passion is to help children, families and adults that are experiencing emotional, behavioral or relational challenges find hope and healing which will increase their positive sense of self and improve their emotional well-being. We have a team of 5 clinicians with varying
specialties to work with children, teens and adults. I have experience working with children, women, preteens, and teens to help them develop into the people they desire to be. I specialize in providing Play Therapy and working with children ages 3 to 12. Play is a child's language. By allowing chiidren to express themselves in this way, I recognize
their vulnerability while inviting them into a trusting relationship. In shared experiences of play, the child may reveal what they find troubling and how they need to overcome it. Raising a child with developmental, medical, or psychological difficulties can be a struggle for even the strongest of families. I have over 20 years of experience working with
families and individuals, and provide individuals, and provide individualized care specific to your family's needs. My services to individuals, couples,
children/adolescents and families. Whether the goal is to improve communication, to better understand yourself or someone else, or to develop new skills for managing life, Dr. Ulrich provides a down to earth, friendly and research based approach to supporting you. She is trained in a wide range of modalities and has experience working with a wide
range of ages and diagnoses to support anyone looking to better their lives. Dr. Ulrich also provides specialized support for parents who are looking to better understand and support their children. Is the burden of expectations from your spouse, children and your career overwhelming? Contact me by email or confidentially request an appointment on
my website at www.MasteringConflict.com I equip women with creative strategies for effective living. Let me equip you. I specialize in the child and adolescent population and their families and have done so for 20 plus years. My practice is open Monday through Thursday, and appointments on Fridays are available by request. Currently, there is a
waiting list for Lancaster, SC clients. As a systemic therapist, I welcome individuals, couples, children, intimacy/sexuality, and spiritual exploration. My counseling experiences include issues of anxiety, depression, communication, physical illness, mixed-orientation
marriages, sexuality, spirituality, loss/grief, adjustment after gastric surgery, trauma, childhood abuse, infidelity, and separation/divorce issues. I work with children, adolescents, and young adults (ages 3-25) whom are struggling emotionally or behaviorally. I am a licensed clinical mental health counselor and a registered play therapist. I am also
nationally certified in Trauma Focused Cognitive Behavioral Therapy. I am a licensed psychologist who specializes in working with children, adolescents, and their families. I specialize in providing comprehensive psychologist who specializes in working with children, adolescents, and their families. I specialize in providing comprehensive psychologist who specializes in working with children, adolescents, and their families. I specialize in providing comprehensive psychologist who specializes in working with children, adolescents, and their families.
emotional and behavioral issues. I have training and experience using the Autism Diagnostic Observation Schedule (ADOS-2) when evaluating for autism spectrum disorders. When you add your childs mental health and/or behavioral health needs into the mix it can add another level of complexity. I am a LCMHC with 10+ years experience. I work
with children, adolescents, and young adults ages 3-18. I do not believe therapy is one size fits all, we will work together to identify what the best mode of treatment will be. I provide individual therapy, which can include family members as well. I have training in play therapy and often use therapeutic play. I work with clients primarily children 6-17,
men 18-25 and women 18-75 struggling with anxiety, emotional regulation, depression, and impulse behaviors. My name is Alyssa Anthony and I graduated from Western Carolina University with dual degrees in Social Work and Psychology. I additionally completed my Masters of Social Work from Western Carolina and graduated May 2024. I worked
as a school social worker prior to venturing into clinical work and my area of expertise include early childhood development, behavioral disorders, anxiety/depressive disorders, and interpersonal relationship conflicts. I am passionate and committed to creating a safe, supportive and welcoming space to children and adolescents (ages 5-19 years old)
on their journey to emotional and mental wellness. I specialize in working with young people experiencing emotional and behavioral concerns, including issues related to social and emotional skills, family issues, loss and grief, school success skills,
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feelings of worry and anxiety. I work with individuals, groups, and/or families who have experienced everything from child abuse, domestic violence, low self-esteem, bereavement, anxiety, parenting issues, and depression just to mention a few. I would like to thank you for reading my profile! I honor your courage to seek help. Allow me to assist you on your journey of healing and awakening to your Universal Truth. I will assist you by helping you learn to tap into the power within that has always existed! You will discover your true-self and be able to begin creating the life of your dreams. I am both a Spiritual Empowerment (Life) Coach and a Licensed Therapist and can meet either need. Contact me and allow me to help you discover the solutions for your life one session at a time! Is your child or teen acting out? Whether you are feeling anxious, depressed, challenges with work, seeking more connection with others, counseling is a courageous step and

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