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2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APha/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: Executive Summary: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. Whelton PK, Carey RM, Aronow WS, Casey DE Jr, Collins KJ, Dennison Himmelfarb C, DePalma SM, Gidding S, Jamerson KA, Jones DW, MacLaughlin EJ, Muntner P, Ovbiagele B, Smith SC Jr, Spencer CC, Stafford RS, Taler SJ, Thomas RJ, Williams KA Sr, Williamson JD, Wright JT Jr. Whelton PK, et al. J Am Coll Cardiol. 2018 May 15;71(19):2199-2269. doi: 10.1016/j.jacc.2017.11.005. Epub 2017 Nov 13. J Am Coll Cardiol. 2018. PMID: 29146533 Review. No abstract available. 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The Heart Center, King Faisal Specialist Hospital and Research Center, Riyadh Osama Almogbel, Department of Cardiac Sciences, College of Medicine, King Fahad Cardiac Center, King Saud University Medical City, King Saud University, Riyadh, Saudi Arabia Shukri AlSaif, Department of Cardiology, Saud AlBabtain Cardiac Centre, Dammam Yahia AlHebeshi, Prince Sultan Cardiac Center Riyadh, Saudi Arabia. Background: The burden of cardiovascular diseases is undeniable in local populations, who have high mortality rates and a young age of disease onset. A systematic review of emerging evidence and update of the Saudi Heart Association (SHA) 2019 heart failure (HF) guidelines was therefore undertaken. Methodology: A panel of expert cardiologists reviewed recommendations of the 2019 guidelines following the Saudi Heart Association methodology for guideline recommendations. When needed, the panel provided updated and new recommendations endorsed by the national heart council that are appropriate for clinical practice and local resources in Saudi Arabia. Recommendations and conclusion: The focused update describes the appropriate use of clinical assessment as well as invasive and non-invasive modalities for the classification and diagnosis of HF. The prevention of HF was emphasized by expanding on both primary and secondary prevention approaches. Pharmacological treatment of HF was supplemented with recommendations on newer therapies, such as SGLT-2 inhibitors. Recommendations were also provided on the management of patients with cardiovascular and non-cardiovascular co-morbidities, with a focus on cardio-oncology and pregnancy. Updated clinical algorithms were included in support of HF management in both the acute and chronic settings. The implementation of this focused update on HF management in clinical practice is expected to lead to improved patient outcomes by providing evidence-based comprehensive guidance for practitioners in Saudi Arabia. Al Habeeb, Waleed; Tash, Adel; Elasar, Abdelfatah; ALmasood, Ali; Bakhshi, Abeer; Elshaer, Fayez; Ayoubi, Fakhr Al; Alghalaini, Kamal; Alqaseer, Maryam; Alhussein, Mosaad; Almogbel, Osama; AlSaif, Shukri; and AlHebeshi, Yahia (2023) "NHC/ SHA 2023 Focused update of the 2019 guidelines for the management of heart failure," Journal of the Saudi Heart Association; Vol. 35 : Iss. 1 , Article 9. Available at: The American Heart Association and American Stroke Association publish medical guidelines and scientific statements on various cardiovascular disease and stroke topics. AHA/ASA volunteer scientists and healthcare professionals write the statements. The statements are supported by scientific studies published in recognized journals and have a rigorous review and approval process. Scientific statements generally include a review of data available on a specific subject, an evaluation on its relationship to overall cardiovascular disease science, and often an AHA/ASA position on the basis of that evaluation. Search Guidelines and Statements The Statistical Update presents the latest data on a range of major clinical heart and circulatory disease conditions (including stroke, congenital heart disease, rhythm disorders, subclinical atherosclerosis, coronary heart disease, heart failure, valvular disease, venous disease, and peripheral artery disease) and the associated outcomes (including quality of care, procedures, and economic costs). Read the Heart Disease and Stroke Statistics — 2025 Update Access guidelines on your mobile device anytime, anywhere! Download the association's mobile app today and enjoy the benefits of staying up-to-date no matter where you are. Actionable at the point of care, users will be able to retrieve relevant pieces of content while also having access to additional support detail and evidence.